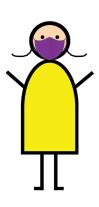
## COVID-19 Vaccine Information Sheet #2 1/25/21

#### Who is eligible to get the COVID-19 vaccine in Vermont now?

The Vermont Department of Health has designated successive groups to receive free COVID-19 vaccines, beginning with high-risk age groups of people who live, work, or access primary care in Vermont:

- 1. Age 75 and older: beginning Wednesday, January 27, then
- 2. Age 70 years and older, then
- 3. Age 65 and older

Depending on the vaccine supply from the federal government, it might take until spring to finish these high-risk age groups. The vaccine will then be made available to Vermonters age 18-64 with certain health conditions that put them at increased risk for severe illness from COVID-19.





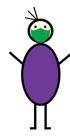
#### How do I sign up to get the vaccine?

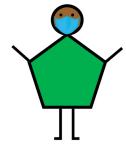
- You must register online through the Vermont Health Department website portal
   https://vermont.force.com/events/s/selfregistration. After you create an account on
  the website, you will then need to log in to schedule your first vaccine appointment.
- Here is a helpful video showing the registration process: <a href="https://www.youtube.com/watch?v=4baPyZvfiz4&feature=emb\_title">https://www.youtube.com/watch?v=4baPyZvfiz4&feature=emb\_title</a>
- If you need help with online registration, please ask a relative or neighbor to assist you.
- You may also call VDH Vaccine Registration call center: 855-722-7878
   Monday through Friday 8:15am 5:30pm. Saturday and Sunday 10:00am 3:00pm.
- At your first vaccine appointment, clinic staff will schedule your second dose.

## When do I sign up to get the vaccine?

Vermonters age 75 and older may begin registering on Monday, January 25.

The Vermont Department of Health will publicize start dates for each group on their website <a href="https://www.healthvermont.gov/covid-19/vaccine/about-covid-19-vaccines-vermont">https://www.healthvermont.gov/covid-19/vaccine/about-covid-19-vaccines-vermont</a> and these Info Sheets will be re-released with updates.





### What should I expect after getting the vaccine?

You may have some side effects, which is a normal sign that your body is building protection. The second shot may result in a stronger immune response and side effects than the first shot. It may feel like flu and even affect your ability to do daily activities, but the symptoms should go away in a few days. The most common side effects are: pain at the injection site, fatigue, fever, chills, headache, joint pain, muscle pain, nausea or vomiting.

# Should I still wear a mask and maintain physical distance after getting vaccinated?

- Yes! It takes time for the vaccine to train your body to fight COVID-19, so you may not be protected by the vaccine until a few weeks after your second dose.
- Yes! It will take months for everyone to be vaccinated.
- Yes! While the vaccine protects you from illness, we don't know if you can still give the virus to someone else.

Wash Hands \* Masks on Faces \* 6-Foot Spaces \* Uncrowded/Ventilated Spaces

